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### THE ROLE OF MYTHS AND PLANT DISEASES IN THE WAYUU ETHNIC GROUP, GUAJIRA, COLOMBIA

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#### Abstract

The aim of this research was to compile a Worldview Wayuu from the perspective of indigenous knowledge about their Pharmacopoeia and its relationship with disease and plants that have been used for healing for years, searching to contribute to rescue of traditional knowledge among indigenous communities and enabling their dissemination in the new generations. Surveys were applied to Ouutsü and Alüjülii settled in the sampling areas of the municipalities of the largest indigenous populations in Riohacha, Manaure, Maicao and Uribia, obtaining information argued about myths and traditions of the Wayuu, limelight of the animals in the transmission and generation of their diseases, role of specialists in the care of them, shamanic rituals, mythological origins and beliefs about some plants and review some of the highest therapeutic impact on the cure and prevention of disease.

Keywords: Wayuu worldview, shamanic rituals, Pharmacopoeia, mythological beliefs.

#### PhOL

#### Introduction

The use of plants for therapeutic purposes has always been an important role in the human life, and actually maintains a wide validity despite the enormous technological advances, the power and competition from pharmaceutical chemistry. In Latin America, there are very remarkable progress in the field of recognition and legalization. The pharmaceutical industry found in the plants most pantry supply active biological principles. In this meaning, it is emphasize the potential value of medicines derived from tropical plants is considerable (1,2). Asserting that there 119 chemicals used in the pharmacopoeia are derived from plants and 75 % of these were discovered by examining the use of them in traditional medicine (3). In Latin America there are many research in ethnobotany and among them deserve mention those of Ribeiro (4), Farnsworth (3), Serra (5), Zent (6) and Quintero (7). Pharmacopeia Guajira stand out the investigations of Ireton & Palmar (8), Perrin (9, 10, 11, 12); Perin et al (13); Rosado (14, 15), Solano et al., (17) and Chacin (18), who constitute the pioneers in research on the using of medicinal plants used by the Wayuu in the department of La Guajira.

The aim of this review is to diffuse to the scientific community that there is a great plant biodiversity related to ancestral myths and beliefs, not only from a therapeutic point of view but from their traditions allowing entities in different states, designed strategies conservation of an ancient heritage that has always characterized.

#### Methods

The method used in this research was the ethnographic, based on field work, with the main axis observation, allowing to capture the socioanthropological reality through reasoned information provided by shamans (Ouutsü, Ouutshi), herbalists (Alüjülii) and native inhabitants settled in the Upper, Middle and Lower of La Guajira in the sampling areas of the municipalities of Riohacha, Manaure, Uribia and Maicao about worldview and uses of medicinal plants in the treatment and prevention of diseases that afflict and linked to ancestral myths and beliefs, not only from a therapeutic point of view but from their traditions. The information was recorded in digital and was subsequently system subject for interpretation, analysis and discussion. A rigorous and selective review of documents, books and articles on relevant topics to the study was also conducted. Accompanied by indigenous experts

proceeded to identify *in situ* medicinal plants of their surroundings, parts used and proceeded to take pictures of them, sending some unidentified samples to the University of Magdalena for identification.

#### **Results and discussion**

## Medicinal plants of most importance, parts used and application

The results indicate that there are 155 plants associated in curing 175 diseases which afflict Wayuu (Table I), reaching more frequent stomach pain (20.0%), skin infection (18.7 %), fever (16.1 %), diarrhea and flu (15.5 %). Plants that reached the highest percentages in the cure and prevention of these diseases were: Croton malambo (13.7 %), Aloe barbadensis (11.4 %), Castela erecta (10.3 %), Prosopis juliflora (9.7 %), Jatropha urens (9.1 %), Libidibia coriaria and Arrabidea chica (8.6 %); using frequently the whole plant (25.6 %), leaves (24.3 %), roots (13.3 %) and stems (9.1 %) by decoction (26.8 %), infusion (13.3 %), trituration (11.7 %) and mixed with other plants (11.0 %). The most common uses were: drink (39.6 %), direct application (20.8 shower (15.5 %) and massage (11.3 %). There is a great floristic diversity associated with the Wayuu ethnobotany and it is necessary to encourage this store of knowledge among indigenous communities by building Botanical Gardens and the mass comunication of educational materials in language Wayuunaiki targeted to these communities and the general public.

# Traditions and mythologies in the Wayuu pharmacopoeia

#### Ayuulee diseases

include harmful Thev those not diseases characterized by non-serious symptoms, slow without transcendental evolution symptoms. Asserting states that grouped common ailments, changes a little slow, that occur naturally, usually "new" infectious diseases (19). Is also believed to include those introduced by the Alijuna, and the Wayuu belief, if not go to the Ouutsü, but the Alüjülii or any other specialist in medicinal plants, it is because we consider the problem afflicting the patient type Ayuulee, that is, its symptoms are not dangerous. They are grouped into three categories: caused by water polluted (diarrhea, vomiting, sore throat and earache), caused by wind, air and dust (cough, catarrh, colds) and caused by contact with dirty things (hepatitis, jaundice, tuberculosis).

Those who suffer from this type of disease have specific ailments in the body, such as local inflammation, severe trauma or stroke; digestive problems like constipation and diarrhea; cough, cold, fever or pain may be localized to a specific part of the body. *Wanülüü* diseases

These include malignant and almost irreversible disease, susceptible to cause death or permanent departure of the soul. An Ayuulee disease whose symptoms are aggravated becomes like illness Wanülüü. When the patient does not respond to medical treatment and the case of a heart attack, cancer. syncope, or fainting. hematosis. tuberculosis, etc., he and his family choose to claim a Ouutsü, painstakingly search in places far from their ranchería (hamlet where live the Wayuu indigenous). In this group of diseases three classes are distinguished: (I) those attributed to encounters with supernatural beings, characterized by mutism, prostration and rapid death, (II) those attributed to "fall prey to the devil (Yolujaa)" and, (III) those caused by women who have manipulated bones of deceased reburial of bodies or murder victims.

Within the Wayuu mythology it is recognized: *Wanülüü*: supernatural being represented in a man dressed as a "White" (*Alijuna*), which kills people with an arrow or a gaze, especially at night; *Pulowi*: supernatural female who lives in high places or between rocks near residential areas; *Yolujaa*: it is the spirit of a human being just died, it causes disease when it dreams, designates the notion of the devil imposed by Christianity. The *Yolujaa* meet in *Jepira*, the world of the dead, and may return to the land at night to visit or disturb the living.

#### The role of animals in the Wayuu pharmacopoeia

A wide range of diseases are not framed in the context *Ayuulee* and *Wanülüü*; they are those who have children, people who occupy a special place within the Wayuu nosology. The diseases that attack young children are designated as *Pulajuwaa*, are evils of animals called *Kapulainsu*, that is, polluters and therefore they must necessarily turn to shamans or persons who receive through sleeping diagnosis and appropriate treatment, invoking their spirits. Table II is seen as the Wayuu people establish relationships between the patient's symptoms and contaminants animals.

#### Specialists in the Wayuu pharmacopoeia

Within the Wayuu culture, there are two characters who have deep knowledge on the use of medicinal plants in La Guajira: the *Ouutsü* (Piache-Medical) and the *Alüjülii* (female herbalists):

Venezuelan word "*Piache*", derived from the Caribbean *Piai*, "Shaman". It is by definition a person *Pülasü*, that is, endowed with supernatural power, supported by its subsidiary spirits called *Asheyüü* or even "good *Wanülüü*" in wayuunaiki language. Only these "spirits" that people know art "evoke" absorbing chewing snuff juice, singing and waving a rattle, they can know and reveal the name of the disease, identify the "poachers" the soul of the sick and locate this. It can infer then that the art of healing women *Piache* not necessarily imply the direct possession of knowledge about the medicinal value of each plant, rather comes from its allies spirits, who are truly wise, true curators reveal their diagnosis in the healing ritual or ceremony.

Piache is a medium, a spokesman for the spirits transmuted into their families along their initiation, during which frequently experience prolonged fasting, retreats and other evidence leading to magical dreams and visions that must be interpreted with the support of the older indians, who accompany him in his preparation (18). Ouutsü women get to know their profession thanks to the revelations of a Wanülüü that is inserted into the body of these women Wayuu, then ply their trade. The Wanülüü are revealing the type of disease, treatment and patient destination all through sleep or at the same time being made the "piacheo". This spirit is manifested by sudden illness, seizures, severe body aches to unconsciousness. Another form of initiation is presented through a premonitory dream, where spirits appear from that moment on will be their allies in their new job.

#### Alüjülii or Eraajülü wunu'u (female herbalists)

Alüjülii are knowledgeable of plants. They are women of a certain age endowed faculty of knowing medicinal plants; the collected, prepared and used to prevent and cure diseases that afflict the Wayuu. Some of the most important features of the *Alüjülii* are: (I) their knowledge is transmitted orally from generation to generation; (II) have the respect and prestige in the Wayuu community's; (III) dream becomes a tool for diagnosis and treatment and prevention and accidents: (IV) are not interested only in the symptoms presented by the patient, it gives more importance to heal the body, mind and spirit; (V) require certain rituals to enforce their therapies, ignore the plant loses effectiveness for treating sick.

#### The shaman and their rites in the cure of diseases

In the Wayuu ethnicity of the department of La Guajira, from the beginning of their emergence as a social group, shamans people have always existed,

*Ouutsü/Ouutshi (Piache, Piachi, Medical)* It seems that the word *Piachi*, comes from the individuals whose existence has been closer to the esoteric world and extrasensory than physical. As noted that a shaman (Piachi) is "one person provided of knowledge and power that allow him to communicate with the 'supernatural' or 'the supernatural world' that we will designate here as 'pülasü world'. This communication allows the shaman diagnose diseases and then cure them, as well as determine the appropriate and healthy places to build the house, etc.; that is, it allows ease in or out every misfortune as last cause emanates from *Pülasü* world" (9). But what really characterizes the shaman Wayuu is, without doubt, its capacity and ability to move between two worlds, the real or physical and the spiritual world, through his "altered state of consciousness".

#### Phases of shamanic rituals

(I) Ecstasy phase: when the shaman enters the altered state of consciousness, through the consumption of chewing snuff juice. (11) Communication phase: usually, a shaman spends much of his time issuing or receiving messages from the real world and the supernatural world. (III) Therapeutic phase: the shaman through his ability to delve into the spiritual world manages to get to transform the power or knowledge acquired in the immaterial plane in action or appropriate to the physical world therapies. (IV) Physical space and tools of ritual work: Wayuu shamanic rites consist of an esoteric practice that is done in a special situation, in an appropriate place and at any given time. The main tools are: (I) the altar: an area of convergence between the kingdoms of the visible and the invisible; (II) the rattle: a fundamental material used to generate of messages background noise that allows the flow from the spirits; (III) the hat: a hooded wool crochet fabric with bright colors; (IV) the snuff: it occupies an important place, as this is very necessary for the initiation ritual of the shamans and the nexus of this is given with their spirits; (V) a stick of reed (wararat): is a musthave item in the work of shamans, determine where the problem exists or imbalance of the disease; and, (VI) the candle, besides the symbolic meaning of fire, also provides access to state of supra consciousness, serving as a focal point for a necessary concentration-relaxation.

## Mythological origins and beliefs about some medicinal plants

The beliefs transmitted orally from one generation to another, about medicinal plants, are closely related to the Wayuu ancestral heritage. Therefore, it is significant to capture these stories taken verbatim from the Works in La Guajira (17, 18). Here are some mythical origins and religious beliefs that the Wayuu have on some plants used in the Wayuu Pharmacopoeia and are originally taken from the aforementioned authors (Table IV) are outlined.

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<b>Table 1.</b> Main medicinal plants used by the Wayuu in the cure and prevention of diseases.
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Common name / Scientific name	Parts used	Preparation	Form of use	Diseases cure / prevent
Malambo / <i>Croton malambo</i> (Euphorbiaceae)	Bark, leaves	Powder, juice, decoction, infusion, grating, dilution, mixed with other plants	Massage, drink, cataplasm, shower, direct application	Aphony, tonsillitis, bronchitis, catarrh, wounds, umbilical infection, fainting, diabetes, diarrhea, body aches, headaches, sore gums, stomach ache, toothache, bellyache, expulsion of placenta, beat, umbilical wound, indigestion, skin infection, local inflammation, difficult childbirth, colds, cough.
Sábila / <i>Aloe barbadensis</i> (Liliaceae)	Leaves, marrow, sap	Juice, decoction, trituration	Bandage, massage, drink	Catarrh, lung congestion, visceral congestion, diarrhea, headache, beat, gonorrhea, flu, hematoma, hemorrhoids, wounds, infection, skin infection, local inflammation, parasites, burns, regulate menstruation, kidney and bladder ulcers.
Revienta puerco/ <i>Castela erecta</i> (Simaroubaceae)	Roots, fruits, stems	Tea, cooking, juice, trituration	Drink, shower, direct application	Appetite, arthritis, conjunctivitis, diabetes, stomach ache, toothache, bellyache, constipation, fever, phlegm, intestinal bleeding, hepatitis, leukemia, parasites, snake bites, heart problems, rheumatism, blood in stool.
Trupillo / <i>Prosopis juliflora</i> (Mimosaceae)	Fruits, flowers, roots, bark, leaves, seeds, buds	Decoction, powder, juice, trituration, dilution	Drink, shower, bandage, massage, direct application	Threat of blindness, conjunctivitis, diabetes, body aches, headache, toothache, muscle pain, postpartum pain, sterilizing, expulsion of placenta, fever, parasites, restorative, colds, rheumatism, whooping cough, dressing fractures.
Pringamoza / <i>Jatropha urens</i> (Euphorbiaceae)	Flowers, leaves, roots, sap, stem	Decoction, trituration	Drink, gargle, direct application, shower, lashing	Arthritis, kidney stones, dental caries, toothache, phlegm in children, gastritis, gonorrhea, kidney infection, skin infections, infertility in women, prostate inflammation, sores, evil eye, rheumatism, measles, whooping cough.
Divi divi / <i>Libidibia coriaria</i> (Caesalpiniaceae)	Fruits, branches, bark	Decoction, juice, trituration, powder	Drink, gargle, direct application, douches	Thrush, amebiasis, tonsillitis, diarrhea, stomach ache, sore throat, vaginal stench, external bleeding in women, hemorrhoids, wounds, skin infections, douche, pus in the stool, burns, stomach ulcer.
Bija roja / <i>Arrabidea chica</i> (Bignoniaceae)	Bark, whole plant	Infusion, powder, dilution, grated, mixed with other plants	Drink, cataplasm, throat wash	Thrush, anemia, menstruation, contraception, drooling in children, conjunctivitis, sore throat, prolonged pregnancy, wounds, mouth infection, menorrhagia, pyorrhea, purgative, burns, regulate menstruation, bodily health.

Animal group	Wayuunaiki name	Common name	Scientific name
	Anuwana, Anuana	King vulture	Sarcoramphus papa
	Kalekale, Kalekai	Parrot	Aratinga pertinax
	Kaliina, Katiou	Hen	Gallus gallus
	Müshale'e, Püshalee	Crested caracara	Polyborus plancus
	Patajawa	Turkey vulture	Cathartes aura
	Püsiyu	Smooth-billed ani	Crotophaga ani
Birds	, Samulu, Juranskua	Black vulture	Coragyps atratus
	Shukoin	Blue-black grosbeak	Cyanocompsa cyanoides
	Teuteu	Lapwing	Vanellus chilensis
	Si' iiya	Yellow oriole, Small cornbird	Icterus nigrogularis
	Walurapai, Yoto'	Bicolored hawk	Accipiter bicolor
	Wawaachii	Ruddy ground dove	Columbina talpacoti
Crustaceans	Jorolo	Blue land crab	Cardisoma guanhumi
<u>en dotabeuno</u>	Aleket	Spider	Araneus sp
	Ju'i	White cricket, House cricket	Acheta domesticus
Insects	Mapa, Junuunaiya	Honeybee	Apis mellifera
msects	Musichi	Termite	Nasutitermis costalis
	Shü üi	Big cricket, Field cricket	Gryllus campestris
	A'tneerü, A'nnnerü	Domestic sheep, Ram	Ovis aries
	Alii, Aliichon	Red-tailed squirrel	Sciurus granatensis
		Eastern cottontail	Sylvilagus floridanus
	Atpanaa Errut	Dog	Canis familiaris
		White-tailed deer	Odocoileus virginianus
	Irama Iwahi		
	Juchi Kashara sulu	Cotton-top tamarin, Cotton-headed tamarin	Saguinus oedipus
	Kache'poulu	Crab-eating raccoon	Procyon cancrivorus
Mammals	Kannajaput, Kalaira	Jaguar	Panthera onca
	Majaya, Jaka	Black-eared opossum	Didelphis marsupialis
	Muusa	Cat	Felis catus
	Püliikü	Donkey	Equus asinus
	Püülükü	Domestic pig	Sus scrofa domestica
	Waliru	Crab-eating fox	Dusicyon thous
	Wuyala	Gray brocket	Mazama gouazoubira
	Wuyaaliwa o Wasarejee	Striped hog-nosed skunk	Conepatus semistriatus
	Jime	Fish	
	Malijua	Merou, Dusky grouper	Epinephelus marginatus
	Püyüi	Bull shark	Carcharhinus leuca
Fish	Siyu	Catfish	Cathorops spixii
	Totka, Kasuuwo'u	Shelled mollusks	
	Urulamai	Catfish	Arius sp
	Wüi palairukujat	Spotted moray	Gymnothorax moringa
	Yamula	Fish unidentified	
	Cachicamu	Yellow-bellied slider turtle, Cumberland Slider turtle	Pseudemys scripta
	Iwana	Iguana	Iguana iguana
	Jokooliwa	Goldenscale anole	Anolis chrysolepis
Reptiles	Joloira	Unidentified snake	
	Jüsi ma'ala	Cascabel rattlesnake	Crotalus durissus
	Karei	Hawksbill turtle	Eretmochelys imbricata
	Ku'ulu	Giant ameiva, Green ameiva	Ameiva ameiva
	Sarulu	Воа	Boa constrictor
	Sawainrü	Green turtle	Chelonias mydas
	Shira wai mo'uyuuna	Brahminy blind snake	Ramphotyphlops braminus
	Wüi	Snake	

Table 2. List of animal diseases associated with the Wayuu.

Disease (Wayuunaiki) Animal		Description
Süpülainwaa A'tneerü	Domestic sheep, Ram	Blood stool often.
Süpülainwaa Alii Red-tailed squirrel		Diarrhea and vigorous stirring, like vomiting unable to do so.
Süpülainwaa Anuwana King vulture		Diarrhea, look upward, insatiable thirst.
Süpülainwaa Iwana	Iguana	Diarrhea, weight loss; desquamation and skin disease in young and adults.
Süpülainwaa Juchi	Cotton-top tamarin	White stools similar to those of marmoset.
Süpülainwaa Kalekale	Parrot	Greenish diarrhea as the parrot.
Süpülainwaa Majaya	Black-eared opossum	Incessant and smelly diarrhea, thinness; aphtha.
Süpülainwaa Müshale'e	Crested caracara	Irritation and redness of the anus that is set to "raw" as a result of diarrhea or very frequent stools.
Süpülainwaa Muusa	Cat	Frequent urination; itching, scratching his face makes; incessant screams like the cat; white tongue in her half.
Süpülainwaa Püliikü	Donkey	Abundant stools and diarrhea; frequently flatulence.
Süpülainwaa Sarulu	Воа	Child who can not walk, that mouth creeps down; appearance of skin plates; weight loss and epithelial desquamation. Another case is: difficulty giving birth, "the child wants to go back up"; it is wound like a snake.
Süpülainwaa Urulamai	Catfish Eruption of red bumps on the head "as the bones	
Süpülainwaa Wuyala	Gray brocket	Often, blood stool.
Süpülainwaa Wuyaaliwa	Striped hog-nosed skunk	Smelly stools morning, smelling skunk.
Süpülainwaa Püülükü Domestic pig		The fetal head will not come out; the child is presented by the feet.
Süpülainwaa Atpaana Eastern cottontail		Cleft lip, although many refuse to come from the Western world.
Süpülainwaa Wüi	Snake	Cleft lip; congenital idiocy.

Table 3. Relationship between the patient's symptoms and contaminants animals.

#### Table 4. Mythical beliefs - religious and relationships with some plants.

Scientific	Common	Wayuunaiki	Description
Capsicum annuum	name Chili peppers	name Waimpiraaicha' a	<i>Waimpiraai</i> comes from: the bird <i>Paraulata</i> or Mirla; and <i>Cha'a</i> : acha'a is a suffix that means excrement. The Wayuu call it this way, because these birds like to eat the fruit of this plant, sprouting a new plant where they deposit their droppings.
Haematoxy lum brasiletto	Brasil	Ata	Ataa comes from: skin, leather, envelope. It is said that was a selfish person so to give a cup of water, so the thirsty tiger scratched him all over his body. This tree has many deep holes in the trunk and branches.
Malpighia punicifolia	Barbados Cherry, West Indian Cherry	Jai'pai	Jaisü comes from: be hot; and Pai translates, your tooth. The term jai'pai phenomenon Jashi'paisü word, it means to be old, vinegary, sour or acidic. The fruit when green causes shivers hence the name Jai'pai.
Libidibia coriaria	Divi-divi	Ichii	<i>Ichii</i> comes from: salt, which means tree salty taste. Have old the <i>Ichii</i> was a very high Wayuu, black skin, it developed its work using clay. One day, while working was, he was presented a presented a <i>Majayut</i> or young lady. Love wanted but she always regretted it. In an oversight, he grabbed her hand to the young lady and this bothered by his boldness, threw boiling water in the body. Since then this Wayuu became <i>Ichii</i> and therefore the Divi-divi has cracked bark from burns that caused the lady who never accepted in his amorous. When the Wayuu sees a place where there is enough <i>Ichii</i> said to be a good place to raise goats and live.
Pereskia guamacho	Suspire	Si′ichi	It was a very nice young man who always visited <i>Pulowi</i> ; he became a close friend of her and was very fond of and confidence. <i>Pulowi</i> had a roza (planting crops) which left <i>Si'iya</i> care, which, a few hours before the arrival of <i>Pulowi</i> revised its treasures and stole. <i>Pulowi</i> chased him, this took refuge in a place full of sharp and venomous spines tree. <i>Pulowi</i> cursed the tree, baptizing it with the name of Si'ichi and Si'iya.ursed the tree he christened <i>Si'ichi</i> and <i>Si'iya</i> .