

ANTIOXIDANT POTENTIAL OF FIVE ESSENTIAL OILS FROM KUTUKÚ BIOLOGICAL STATION

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Abstract

The present investigation evaluated the antioxidant potential of five essential oils from medicinal plants found in the Kutukú Biological Station of the Universidad Politécnica Salesiana, which is located in the western part of the Kutukú mountain range. The essential oils were extracted from the leaves of the following species: *Eugenia stipitata*, *Ocotea quixos*, *Psidium guajava*, *Piper auritum*, *Piper imperiale*. The results of electron scavenging capacity evaluated by the DPPH and ABTS methods show that the oils with the highest potential are: *P. auritum* IC₅₀ DPPH 4.931 ± 0.005 µl / ml, IC₅₀ ABTS 2.960 ± 0.000 µl / ml; *O. quixos* IC₅₀ DPPH 11.291 ± 0.055 µl / ml, IC₅₀ ABTS 7.877 ± 0.020 µl / ml and *E. Stipitata* IC₅₀ DPPH 12.866 ± 0.047 µl / ml, IC₅₀ ABTS 18.834 ± 0.036 µl / ml, the positive activity reference oil, *T. vulgaris* resulted in IC₅₀ DPPH 0.609 ± 0.001 µl / ml, IC₅₀ ABTS 0.317 ± 0.006 µl / ml. The antioxidant activity measured by the β-carotene bleaching method test highlights the action of the oils of *P. auritum* IC₅₀ 0.032 ± 0.005 µl / ml, *P. guajava* IC₅₀ 0.215 ± 0.004 µl / ml and *O. quixos* IC₅₀ 0.428 ± 0.012 µl / ml, for *T. vulgaris* we have an IC₅₀ of 0.080 ± 0.000 µl / ml. The antioxidant bioautography highlights the activity of the following molecules: safrole in *P. auritum*, cadinene in *E. stipitata* and caryophyllene-E, humulene α, copaene and caryophyllene oxide in *O. quixos*. The results show a promising activity of several essential oils in which *P. auritum* stands out.

Keywords: Antioxidant bioautography, DPPH, ABTS, beta-carotene bleaching test, *P. auritum*.

Introduction

The Kutukú mountain range is a system located between the eastern mountain range of the Andes and the Amazonian plain. The region is considered as an area with high flora and fauna biodiversity [1] and has considerable endemism [2]. Since 1990 the area was declared by the Ministry of the Environment as "protective forest" with an extension of 344,002 Ha, the mountain range rises to 3000 m.a.s.l. [3]. Universidad Politécnica Salesiana has a research station located in the heart of the Kutuku, in which more than one hundred medicinal plants have been identified [4], several of them of aromatic nature.

Among the species that contain essential oils, the following have been identified: *Eugenia stipitata*, known as "arazá", is a very attractive species because it contains pleasantly tasting fruits used for various food preparations [5]. The presence of esters such as ethyl ethanoate and ethyl dodecanoate [6] stand out in the fruits. Another study highlights the presence of germacrene D, α pinene and β pinene [7]. β -caryophyllene, caryophyllene oxide and β pinene [8] are found in the oil of the leaves. In the fruit, free radical scavenger activity was identified with an IC_{50} (DPPH) of 79 mg / ml [9]. The essential oil of the leaves possesses a significant antibacterial activity [8].

The species *Ocotea quixos*, known as "ishpink, isphingo or American cinnamon", is a highly appreciated plant for its aromatic qualities similar to those of Asian cinnamon [10]. caryophyllene, humulene and various cinnamaldehyde derivatives stand out in the essential oil from its leaves [11-12]. Its antimicrobial and antifungal activity is appreciable [12-13] as is its potential for pharmaceutical and cosmetic use [14]. Medicinally it is used as antiarthritic, in cases of cramping [5] cooling [15] and as a eupeptic and local analgesic [16].

"Guayaba", *Psidium guajava*, is a species whose fruits serve as a food source in the American tropics, its highly aromatic leaves contain essential oil, highlighting the presence of limonene, caryophyllene, pinene, copaene, azulene and eucalyptol [17-19]. The best known traditional medicinal uses are as: antirheumatic, antidiarrheal, and for vaginal washes [5].

Piper auritum, traditionally known as "Sacha anis", is a plant with an aroma similar to anise. In its essential oil, the main component is safrole. Additionally, the presence of terpinolene, α and β pinene, α -terpinene, caryophyllene, and myristicin has been detected; as well as antimicrobial and antioxidant activity [20-21]. Traditionally the species is used for its analgesic, emollient, antirheumatic, diaphoretic, diuretic and stimulant properties [22].

For the essential oil of the species *Piper Imperiale* "ampar", no studies are found in its essential oil, the use of the plant is highlighted for its analgesic and antirheumatic properties [5].

Given that the oxidation mechanisms are harmful to the health and well-being of human beings, investigating natural sources is significant. Finding new compounds that stop or prevent oxidative processes at the cellular level; as well as at an industrial level, to be used in various food, pharmaceutical and cosmetic products, is of utmost importance.

Methods

Plant material and extraction

The plant material was collected at the Kutukú biological station, owned by the Universidad Politécnica Salesiana del Ecuador, which is located in the western foothills of the Kutukú mountain range, next to the Don Bosco church in the province of Morona Santiago, Latitude: -2.31667, Length: -78.1. To extract the essential oil, a steam distiller with a capacity of 100 litres belonging to the Life Science laboratory of the Universidad Politécnica Salesiana, was used. For the extraction, fresh leaves of each of the 5 species were used, the extraction time was 3 hours.

GC / MS Analysis.

From each of the oils, 10 μ L of essential oil was taken and dissolved in 1 mL in dichloromethane, a volume of 1 μ L was injected. The equipment used was composed of a Varian gas chromatograph, model 4000 and a Varian Saturn 2100 mass spectrometer. A VF5 column was used (5% -phenyl-95% dimethylpolysiloxane (5% -phenyl-95% dimethylpolysiloxane (internal diameter of 30m [Símbolo] 0,25 mm, 0,25 μ m film thickness), the carrier gas was helium with a constant flow of 1 mL/min and a split ratio of 1/50. The analysis started at 45 ° C and carried on until it reached 100 ° C at a speed of 1 ° C / min, the temperature is then raised

to 220 °C at a rate of 5 °C / min, remaining at that temperature for 15 minutes to allow for analysis time of 90 minutes. The ionization energy of the mass spectrometer was 70 eV and the mass range was 35-400 m/z.

For the identification of the compounds, the mass spectra were compared with the NIST 2001 database. Additionally, the theoretical retention indexes of the Adams 2009 database were compared [23].

Free radical scavenging activity

For the evaluation of the free radical scavenging capacity, the spectrophotometric techniques of 1,1-diphenyl-2-picrylhydrazyl (DPPH) and (2,2'-azinobis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS), were used, following the methodology proposed by Noriega 2016 [24].

In this methodology, various concentrations of the essential oil are prepared, which are combined with a DPPH radical solution 1×10^{-4} M and a radicalized solution of ABTS 40mM with K₂S₂O₈ until an absorbance of 0.700 ± 0.02 is obtained. Samples with DPPH were shaken for 30 minutes to read their absorbance at 517 nm on a UV / VIS Shimadzu UV 1240 mini spectrophotometer. For samples with the ABTS radical, the absorbance are measured after 1 min at 734 nm using a UV / VIS Shimadzu UV 1240 mini spectrophotometer.

With the obtained values, an essential oil concentration curve is plotted according to the absorbance, afterwards, the oxidation inhibition percentage is calculated and the percentage of 50% inhibition (IC₅₀) is determined as described in several publications [25-26].

Antioxidant Activity Beta-carotene bleaching test

The technique directly measures the antioxidant activity of the molecules that prevent the oxidation of the oleic acid unsaturation when subjected to peroxidation processes. The technique is frequently used in the evaluation of antioxidant capacity in essential oils [27-29]. In this work, the methodology used is proposed by Rossi et al. [30]

HPTLC-DPPH Bioautographic

The technique employs a mobile phase composed of toluene/petroleum ether/ethyl acetate (100/30/10) and Merk F60 silica gel plates. Of each essential oil, 15 µL of a solution of 30 mg of essential oil per millilitre of methanol was seeded. The plate was developed with a 1% DPPH solution. The regions

where the developer turns yellow indicate the presence of antioxidant molecules. In a second separation, those regions that had activity were extracted and analyzed in gas chromatography equipment coupled to masses, under the same conditions as oil [26].

Statistical tests

In the spectrophotometric tests of ABTS and DPPH electron scavenger capacity, IC₅₀ values were statistically compared, using the statistical method Kruskal-Wallis rank sum test, chi-square = 16.578, df = 5, p-value = 0.005372.

Results

Essential oil extraction.

By means of steam stripping, several quantities of essential oils were obtained in table 1, the yield values are appreciated.

Chemical Composition.

The studies made by GC / MS for each oil reveal its chemical composition in percentages over 90%. The molecules that make up each essential oil, as well as its percentage of abundance, can be seen in table 2.

Free radical scavenging activity

The activity of free radical scavenging is measured in terms of its concentration in µL of oil per mL and its percentage of oxidation inhibition. The reference value of the comparison is its IC₅₀ (ability to inhibit 50% of oxidation), which was compared to a natural reference (the essential oil of *Thymus vulgaris*) a synthetic reference (butyl-hydroxy-anisole (BHA)).

The IC₅₀ values can be appreciated in table 3.

The statistical treatment (cladogram) groups the essential oils depending on their activity, bringing together in the same group as the natural reference *T. vulgaris* the oil of *P. auritum*, *O. quixos* and *E. stipitata*; in a second group we have *P. guajava* and in a third group *P. imperiale* oil, which is the oil of less activity, this statistical grouping is observed in figure 1.

Antioxidant Activity Beta-carotene bleaching test

The results taken as values of the 50% antioxidant capacity, known as IC₅₀, can be seen in table 4.

HPTLC-DPPH Bioautographic

The development with the 1% DPPH solution shows antioxidant activity in all those fractions where the violet colouration changes to yellow. The oils that show this change are *P. auritum* at an R_f of 0.96, *E. stipitata* at an R_f of 0.95 and *O. quixos* at an R_f of

0.96; coinciding with those oils that gave the best results in the activity tests, figure 2.

In *P. auritum* the molecule detected as active is safrole, in *E. stipitata* the responsible for the activity is the cadinene molecule, whose activity has already been analyzed [32]. Finally, in *O. quixos*, the activity is due to a mixture of several compounds such as caryophyllene-E, humulene α , copaene and caryophyllene oxide.

Discussion

The essential oil that showed the best results in the various tests of free radical scavenger activity is *P. auritum*, known as "Sacha anis". The bioautography revealed that the molecule responsible was safrole, which is consistent with other previous investigations with oils where this molecule is abundant [25]. *E. stipitata* also shows antioxidant activity, lower than that of *P. auritum*, the studies show that the active molecule is cadinene, which also has preliminary activity tests [31]. In *O. quixos*, whose activity is also significant, the activity is due to the action of 4 molecules, caryophyllene-E, humulene α , copaene and caryophyllene oxide. The essential oils of *P. imperiale* and *P. guajava*, have a very low activity, the bioautographic test for these oils does not show any fraction with activity, as no yellow colouration appears after the development with the DPPH solution.

In the natural pattern of activity, the essential oil of *T. vulgaris* is grouped statistically with *P. auritum*, *O. quixos* and *E. stipitata*, indicating a similar activity. The possibility of using these essential oils as natural antioxidants in food, cosmetics and pharmaceutical products is, therefore, highly likely.

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Table 1. Performance of essential oils in mL / Kg

Plant	Performance in mL/kg
<i>Eugenia stipitata</i>	0.25 ± 0.02
<i>Ocotea quixos</i>	1.00 ± 0.03
<i>Piper auritum</i>	0.46 ± 0.02
<i>Piper imperiale</i>	0.59 ± 0.03
<i>Psidium guajava</i>	0,7 ± 0.02

Table 2. Chemical composition of the five essential oils from the medicinal plants of the Kutukú mountain range.

Compuesto	IK _α	<i>P. guajava</i>	<i>P. auritum</i>	<i>O. quixos</i>	<i>E. stipitata</i>	<i>P. imperiale</i>
thujene α	930	5,82±4,43	1,09±0,10	0,445±0,058		0,71±0,14
pinene α	939	25,82±3,78	2,00±0,22	3,437±0,497		
camphene	954			0,404±0,057		0,80±0,15
sabinene	975		1,46±0,08	1,023±0,144		
pinene β	979		0,64±0,18	2,682±0,359		
terpinene α	1017		12,74±0,85			
cymene (p)	1024		2,80±0,01	1,463±0,173		
limonene	1029	28,911±2,18		1,507±0,176		
cineole 1,8	1031	1,204±0,63		3,241±0,388		
ocimene (z-β)	1037		3,65±0,06			
ocimene (E-β)	1050		3,95±0,02			
terpinene γ	1059		31,93±2,72	1,246±0,150		
terpinolene	1088		25,72±1,53			
linalol	1096					2,76±0,50
safrol	1287		25,72±1,54			
elemene δ	1338				4,68±0,43	
cubebene α	1351				1,93±0,12	0,49±0,04
copaene α	1376	3,557±0,44	3,11±0,02	4,070±0,268	5,20±0,25	1,66±0,13
methyl cinnamate E	1378			11,992±0,304		
cubebene β	1388				0,75±0,16	1,68±0,12
elemene β	1390			1,043±0,020	1,46±0,03	0,38±0,03
cyperene	1398					0,39±0,04
caryophyllene Z	1408					14,58±0,84
gurjunene α	1409				0,53±0,11	
caryophyllene E	1419	11,88±1,30	4,67±0,07	18,224±0,822	12,11±0,19	
copaene β	1432				2,68±0,12	

elemene γ	1436				0,78 \pm 0,05	
guaiene α	1439				1,18 \pm 0,06	
aromadendrene	1441				0,53 \pm 0,05	
cinnamyl acetate E	1446			7,001\pm0,716		
muurola -3,5-diene <cis>	1450				0,66 \pm 0,06	2,14 \pm 0,10
humulene α	1454			16,384\pm0,767	2,19 \pm 0,04	1,35 \pm 0,03
aromadendrene <allo>	1460	0,476 \pm 0,04				
caryophyllene <9-epi-E>	1466				0,57 \pm 0,06	
muurola-4(14),5-diene <cis>	1466				0,54 \pm 0,11	
dauca-5,8-Diene	1472					0,68 \pm 0,04
cadina-1(6),4-diene <trans>	1476				0,68 \pm 0,04	
muurolene γ	1479	0,314 \pm 0,07	4,44 \pm 0,23	0,252 \pm 0,011	22,34\pm1,19	0,42 \pm 0,04
germacrene D	1481				5,04 \pm 0,19	
amorpha-4.7 (11)-diene	1481				0,54 \pm 0,03	
selinene β	1490	7,042\pm0,90		1,427 \pm 0,183		
methyl isoeugenol E <trans>	1492			2,368 \pm 0,471		
guaiene cis β	1493				1,88 \pm 0,46	
muurola-4 (14),5-diene <trans>	1493					1,51 \pm 0,03
valencene	1496					0,28 \pm 0,01
selinene α	1498	7,084\pm1,19				
muurolene α	1500	0,18 \pm 0,03				
bicyclogermacrene	1500			2,081 \pm 0,068		
himachalene β	1500			0,762 \pm 0,045		
muurolene α	1500				2,90 \pm 0,07	0,45 \pm 0,14
patchoulene γ	1502				0,84 \pm 0,03	
cadinene γ	1513	0,24 \pm 0,08			1,53 \pm 0,03	
calamenene <trans>	1522					6,96\pm0,11
cadinene δ	1523	1,63 \pm 0,23		2,609 \pm 0,189		0,89 \pm 0,24
calamenene <cis>	1529	0,99 \pm 0,18				
zonarene	1529				0,15 \pm 0,00	
bisabolene E- γ	1531			3,102 \pm 0,160		
cadina-1,4-diene <trans>	1534					0,29 \pm 0,05
cadinene α	1538				0,54 \pm 0,01	
calacorene α	1545			0,416 \pm 0,012		

selina-3,7 (11)-diene	1546		9,29±0,13
maalene	1562		0,21±0,01
calacorene β	1565		4,23±0,17
isoelimicin	1570		10,17±0,53
bendrolasin	1571	0,479±0,042	
spathulenol	1578	0,344±0,082	0,21±0,02
caryophyllene Oxide	1583	3,566±0,413	5,21±0,07
guaiol	1600		0,53±0,12
humulene epoxide II	1608	2,059±0,093	
dimethoxy-5-vinyl-1,2-benzodioxide(4,6)	1654		14,71±0,72
calamenen-10,ol <trans>	1669		0,50±0,07
tetradecanol	1672		0,99±0,53
asarona	1676		13,01±0,92
heptadecane(n)	1700		0,24±0,07

A: theoretical retention indexes

Table 3. Free radical scavenging activity of essential oils by the spectrophotometric methods of DPPH and ABTS.

Essential oil	DPPH IC ₅₀ μL/mL	ABTS IC ₅₀ μL/mL
<i>E. stipitata</i>	12.868	18.834
<i>O. quixos</i>	11.291	7.897
<i>P. guajava</i>	89.788	50.155
<i>P. imperiale</i>	313.724	179.383
<i>P. auritum</i>	4.931	2.961
<i>T. vulgaris</i>	0.608	0.315
BHA	0.006	0.00248

Table 4. Results of antioxidant activity of essential oils by the β-carotene bleaching method.

Essential oil	Antioxidant Activity Beta-carotene bleaching test IC ₅₀ μL/mL
<i>E. stipitata</i>	0.638 ± 0.270
<i>O. quixos</i>	0.428 ± 0.012
<i>P. guajava</i>	0.215 ± 0.004
<i>P. imperiale</i>	48.178 ± 6.303
<i>P. auritum</i>	0.032 ± 0.005
<i>T. vulgaris</i>	0.080 ± 0.000
BHA	7.000 E-06 ± 4.800 E-06

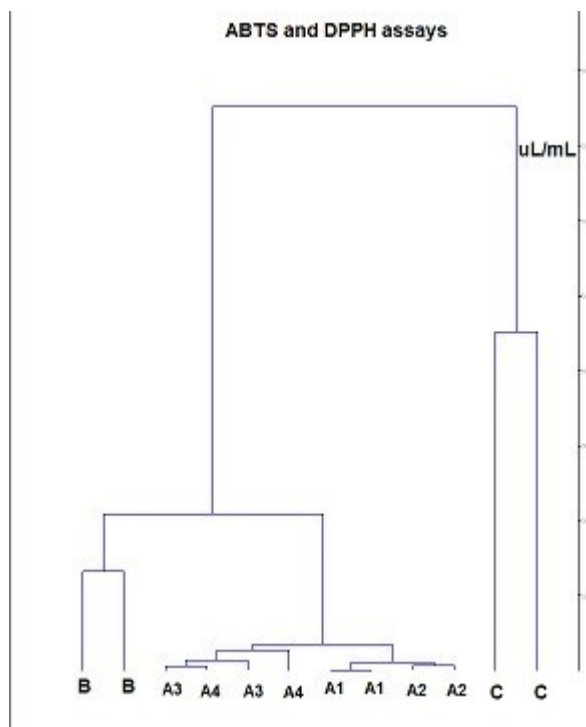


Figure 1. Graph of comparative free radical scavenging activity (cladogram) between essential oils. A1: *T. vulgaris*; A2: *P. auritum*; A3: *O. quixos*; A4: *E. stipitata*; B: *P. guajava* and C: *P. imperiale*.

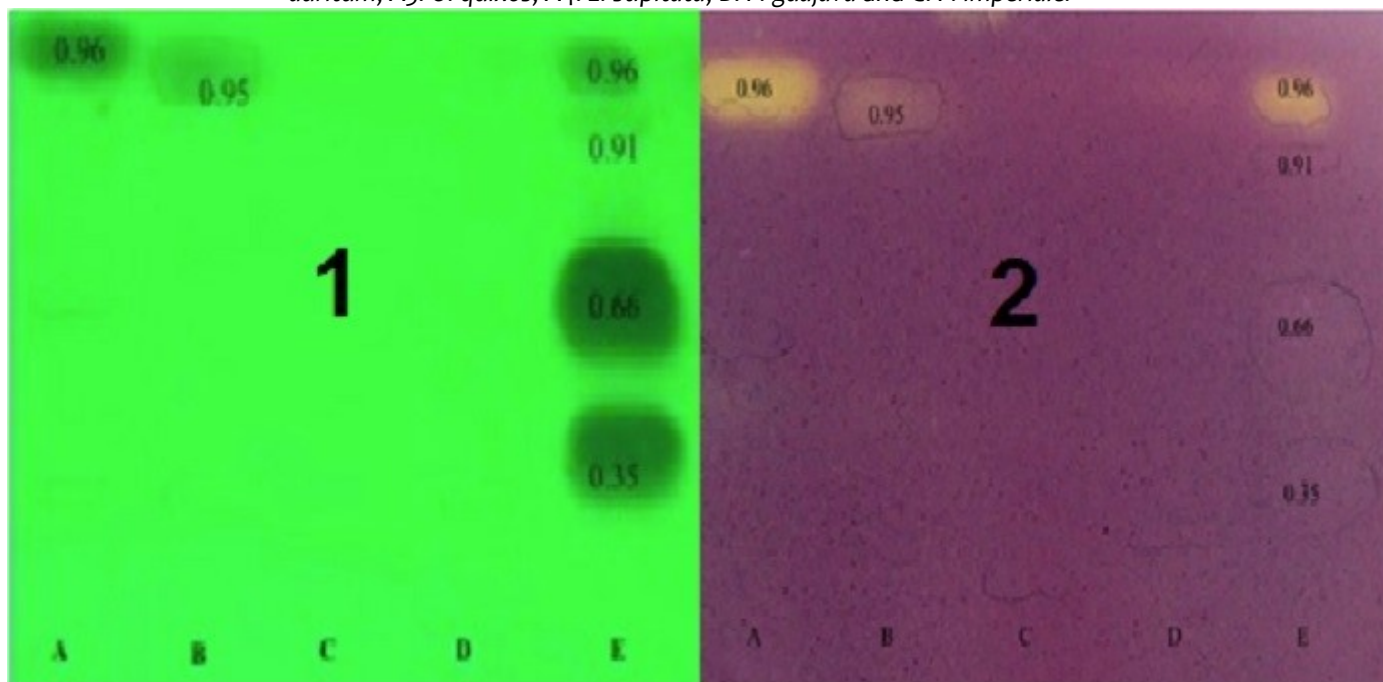


Figure 2. Molecules responsible for the antioxidant activity detected in essential oils by the HPTLC-DPPH Bioautographic method. Plate 1 revealed to 350nm, plate 2 revealed to DPPH 1%. (A) *Eugenia stipitata*; (B) *Piper auritum*; (C) *Piper imperiale*; (D) *Psidium guajava*; (E) *Ocotea quixos*.