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# THE INTESTINAL CMV REPLICATION AND ITS ASSOCIATION WITH EPITHELIAL BARRIER DYSFUNCTION IN HIV-INFECTED INDIVIDUALS

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#### Abstract

Inflammation and dysfunction of the intestinal epithelial barriers are the main signs of HIVinfection that persists despite potent combined ART. The barrier properties of the intestinal mucosal epithelium are supported by a monolayer of cylindrical epithelial cells, which are firmly connected by intercellular dense connections. Weakening of the density of these compounds is the main mechanism for increasing intestinal permeability in patients who have undergone ART. In the context of HIVinfection, the broken integrity of the intestinal epithelial barrier facilitates bacterial translocation, which is the main cause of chronic inflammation in it. It has found that dysfunction of the intestinal epithelial barrier during HIV-infection is due to increased production of inflammatory cytokines by activated mucosal T-cells and epithelial cells that respond directly to gp120 HIV-1. CMV proteins were detected in the cytoplasm of intestinal epithelial cells and leukocytes in all HIV-positive individuals by analyzing recto sigmoid biopsy using IHC and RNA scope ISH methods. All of these people had no symptoms or suspected CMV disease. To determine whether HIV status was associated with an increased incidence of CMV in the gut, an HIV-negative CMV-positive control group was included in the study. CMV proteins in intestinal epithelial cells were not detected in some HIV-negative individuals with CMV infection. The specificity of CMV detection was confirmed by the absence of CMV proteins in intestinal biopsies from HIV-negative CMV-negative people [73]. The results of these studies indicate that CMV-associated violation of the integrity of the epithelium of the colon may be associated to some extent with induced CMV-IL-6. In addition, TNF- $\alpha$  transcripts are expressed in the intestinal mucosa from untreated AIDS patients with CMV colitis and may be associated with macrophage-like cells containing cytomegalovirus inclusions.

**Key words**: HIV-infected individuals, Asymptomatic cytomegalovirus coinfection, epithelial cells, cytokine IL-6, antiviral therapy

## Introduction

Asymptomatic cytomegalovirus coinfection (CMV) is almost ubiquitous in HIV-infected individuals. It has recently been hypothesized that sustained CMV replication in the intestinal epithelium of HIV-infected people with the HIV/CMV association impairs intestinal epithelial function. Using the combination of state-of-the-art in situ hybridization technology (RNA scope) and immunohistochemistry, CMV DNA and proteins and the presence of intestinal damage in recto sigmoid HIV-infected individuals (both specimens in untreated and in people receiving antiretroviral therapy) were detected. Two recent different studies together have shown that intestinal epithelial cells fully allow CMV replication [1-4]. Regardless of the presence of HIV-infection in the body, CMV disrupted the close bonds of polarized intestinal cells, significantly reducing trans epithelial monolayer integrity electrical stability, and increased trans epithelial permeability. The effect of CMV infection on the intestinal epithelium is mediated, at least in part, by the CMV-induced proinflammatory cytokine IL-6. Together, the results of several recent studies suggest that CMV can disrupt epithelial connections. leading to dissociation of the intestinal microflora (dysbacteriosis) and chronic inflammation in the intestine. It is possible that CMV may be the target of therapy to prevent or treat dysfunction of the intestinal epithelial barriers and dysbacteriosis during HIV-infection. Finding out the peculiarities of the prevalence of comorbidities in HIV-positive people is a very important issue and has both scientific and practical interest. The majority (78,8%) of HIV-infected patients are diagnosed with concomitant pathology, and most often it is intestinal combined. The prevalence of dysbacteriosis among HIV-infected people is almost 10% higher than the population indicators [5-7]. The exact mechanisms, by which HIV-infection damages the intercellular narrow connections of the intestinal epithelium, remain the relevance research problem.

## Methods

The aim of the study was to identify the features of CMV replication in the intestine and the relationship between the presence of CMV and dysfunction of the epithelial barriers in HIV-infected patients.

#### Results

Inflammation and dysfunction of the intestinal epithelial barriers are the main signs of HIV-infection that persists despite potent combined ART. The barrier properties of the intestinal mucosal epithelium are supported by a monolayer of cylindrical epithelial cells, which are firmly connected by intercellular dense connections. Weakening of the density of these compounds is the for mechanism main increasing intestinal permeability in patients who have undergone ART. In the context of HIV-infection, the broken integrity of the intestinal epithelial barrier facilitates bacterial translocation, which is the main cause of chronic inflammation in it. It has found that dysfunction of the intestinal epithelial barrier during HIV-infection is due to increased production of inflammatory cytokines by activated mucosal T-cells and epithelial cells that respond directly to gp120 HIV-1. [8-11]. However, cellular sources of inflammatory cytokines that lead to intestinal dysfunction in HIV-infected people remain controversial, and the mechanisms described above do not confirm the presence of various opportunistic pathogens, including CMV in the intestine which has been repeatedly proposed as a cofactor in the progression of disease progression, despite suppressive ART. It is important to note that in the gastrointestinal tract there is a serious depletion of CD4 + T cells at all stages of HIV disease, which is not fully restored after ART, which may be the main cause of local and asymptomatic reactivation of CMV. CMV is a common opportunistic pathogen in HIV-infected individuals before ART, leading to significant morbidity and mortality [12-15].

Studies using state-of-the-art dual immunohistochemistry (IHC) and in situ hybridization (ISH) technology have shown that the persistence of CMV in the recto sigmoid tissues of asymptomatic CMV-positive individuals with and without ART has been associated with epithelial dysfunction intestines. The researchers used two different models of the system to study the

availability of intestinal epithelial cells for CMV replication: basic human intestinal cells were differentiated in vitro to form polarized monolayers and a model of a humanized mouse gut. It has been found that, regardless of HIV infection, CMV disrupts the close bonds of polarized intestinal cells, significantly reducing trans epithelial electrical resistance (TER), the integrity of the epithelial monolayer, and increasing the permeability of epithelial barriers. In addition, CMV-associated violation of the integrity of the intestinal epithelium can be caused, at least in part, by CMV-induced proinflammatory cytokine - interleukin-6 (IL-6). It is important to note that Lettermovar, a new anti-CMV drug that is currently in clinical trials, retains epithelial integrity in this system. The results of the studies confirm the potentially active role of CMV in the movement of epithelial barrier dysfunction and microbial translocation. In general, these studies emphasize the possibility of a new method of prevention and treatment of dysfunction of the intestinal epithelial barriers in HIV-infection [16-20].

CMV proteins were detected in the cytoplasm of intestinal epithelial cells and leukocytes in all HIV-positive individuals by analyzing recto sigmoid biopsy using IHC and RNA scope ISH methods. All of these people had no symptoms or suspected CMV disease. To determine whether HIV status was associated with an increased incidence of CMV in the gut, an HIV-negative CMV-positive control group was included in the study. CMV proteins in intestinal epithelial cells were not detected in some HIV-negative individuals with CMV infection. The specificity of CMV detection was confirmed by the absence of CMV proteins in intestinal biopsies from HIV-negative CMV-negative people [21-23].

Assessing whether CMV infection in the intestine is related to violations of epithelial barriers, it should be noted that in recto sigmoid biopsies of HIV/CMV patients, the detection of CMV in intestinal epithelial cells was accompanied by a violation of the continuity of intestinal epithelial connections. Interestingly, the cell connection was unchanged and continuous in the intestinal crypts of HIV-negative CMV-positive people. Although CMV proteins were detected in these biopsies in cells surrounding the intestinal crypts, no CMV proteins were detected in the intestinal cells and

the integrity of the epithelium was not compromised. [25-28]. To confirm the conclusion that the disruption of connections between epithelial cells is specific for CMV, a study of several intestinal biopsies from individuals with clinically diagnosed CMV enteritis and CMV colitis before and after treatment with Val ganciclovir. Numerous cytomegalovirus cells of IE-positive cells were detected in intestinal crypts in all biopsies. Notably, these cytomegalovirus cells often rise above the level of the intestinal monolayer into the lumen, revealing damage to the epithelium. [29].

## Discussion

It was found that cytomegalovirus IEpositive epithelial cells are separated into the lumen of the crypt, which has a marked resemblance to the cleavage of cytomegalovirus cells found in the intestine of an individual with active CMV infection. These data indicate that the intestinal epithelium is very susceptible to CMV infection. A model of in vitro polarized cells with primary human colon epithelial cells (HCoEpiC) was invented to recombine CMV infection in recto sigmoid tissues [30]. These cells retain the morphological and functional properties of intestinal epithelial cells during the first four passages. They express cytokeratin, a marker of epithelial cells, and negative to the udder, a mesenchymal cell marker. When CMV was inoculated into HCoEpiC, approximately 30% of the cells expressed CMV proteins on the 1<sup>st</sup> day, and on the 3<sup>rd</sup> day, some infected cells expressed CMV glycoprotein in the membrane, indicating a productive infection. When CMV was inoculated into polarized HCoEpiC, only an average of 3.7% of cells expressed CMV proteins on the 1<sup>st</sup> day. Thus, it was proved that the susceptibility of polarized HCoEpiC to CMV infection is significantly lower than non-polar cells. An intriguing observation of persistently low CMV replication in polarized HCoEpiC may be the basis for the assumption that intestinal epithelial cells, after detachment into the lumen of the intestinal cavity with loss of polarity, create additional target cells for CMV. [31-34]. These data suggest that, although CMV predominantly infects unpolarized intestinal cells, it is able to maintain low levels of replication in highly differentiated polarized intestinal cells. Taken

together, these in vivo and in vitro experiments showed that human intestinal epithelial cells are fully accessible for CMV replication. [35].

During HIV infection, immune activation associated with dysfunction of intestinal epithelial barriers persists despite potent suppressive ART [5-8,36-38]. Its main mechanisms are complex and remain unclear, but the role of opportunistic viral pathogens in the gut has not been fully assessed yet. Independent of HIV, CMV impairs the integrity of polarized human intestinal cells, significantly reducing transepithelial electrical resistance and enhancing the permeability of epithelial barriers. CMV-associated disruption of intestinal epithelial integrity was mediated, at least in part, by CMVinduced IL-6. These observations suggest that CMV reactivation in the gastrointestinal epithelium of HIV-infected individuals may be a potent cofactor that stimulates the release of proinflammatory cytokines from intestinal epithelial cells, weakens mucosal barrier function, and locally initiates bacterial infection and chronic inflammation in the intestines. Cytomegalovirus, as an opportunistic pathogen in HIV-infected individuals [38], has been the cause of significant morbidity and mortality before ART administration [39-41]. In the era of effective ART, CMV remains an important cofactor in the progression of HIV disease [14, 32-36] [20, 21], which indicates a strong link with systemic inflammation [12, 13], the physiology of aging [13, 15, 16], and cardiovascular disease [5, 17-19]. Importantly, in people receiving ART, recovery of T cells in the gastrointestinal tract never reaches the levels observed in uninfected healthy people [6-9] and, thus, can be an important site of CMV reactivation [43]. Active CMV infection is a recognized cause of symptomatic colitis in HIVinfected individuals. The recent studies indicate that CMV also persists in the recto sigmoid tissues of asymptomatic CMV-positive individuals with both untreated and ART-suppressed HIV infection. Both CMV proteins and viral DNA were detected in intestinal epithelial cells in 47% of biopsies in ARTsuppressed HIV infection, indicating that intestinal epithelium supports CMV replication. HIV has a wellestablished cofactor connection with CMV [38]. According to this observation, there is a tendency for an association between the presence of CMV DNA/proteins and HIV RNA in the recto sigmoid tissues of asymptomatic CMV-positive participants with ART-suppressed HIV infection. To determine the role of intestinal epithelial cells in gastrointestinal disease of CMV independently of HIV, their susceptibility to CMV infection was further investigated using the SCID-hu gut model [37-39].

Significant damage to the mucosal epithelium was observed 7 days after inoculation with CMV; infection was expressed by abundant detection of CMV proteins, and the mucous membrane of the damaged intestinal crypts contained numerous IE-positive cytomegalovirus cells, corresponding to those in intestinal biopsy with clinically diagnosed CMV colitis. We are intrigued by the high level of susceptibility of the intestinal epithelium to CMV in vivo and the conclusion that CMV persists in the intestinal epithelium of people co-infected with HIV/ CMV. Although CMV can involve any part of the gastrointestinal tract in AIDS patients, the colon is the most infected site [22-24, 42-44].

Measuring study IL-6 in plasma samples obtained from study of participants immediately prior to biopsy showed a tendency for higher plasma IL-6 levels in individuals in whom recto sigmoid biopsies showed CMV activity compared with intestinal samples from those who have no signs of CMV activity in the intestine [45]. IL-6 is a pleiotropic cytokine that can damage the integrity of the intestinal barrier [46]. CMV is an inducer of TNF- $\alpha$  and IL-1 $\beta$  in the THP-1 monocyte cell line [27, 28] and IL-6 in peripheral blood mononuclear cells, endothelial cells and lung fibroblasts [29-31]. On the other hand, it is well known that the integrity and permeability of barriers at epithelial cell junctions can be compromised by proinflammatory cytokines TNF- $\alpha$ , IL-6 and IL-1 $\beta$  [32-34,47-49]. To investigate whether CMV infection induces the expression of these proinflammatory cytokines in intestinal epithelial cells, IL-6, TNF- $\alpha$  and IL-1 $\beta$  were measured in HCoEpiC culture medium by ELISA. These measurements showed an increase in IL-6 production, but not TNF- $\alpha$  or IL-1 $\beta$ . To determine whether IL-6 is related to CMV-induced intestinal epithelial barrier disruption, an anti-IL-6 neutralizing antibody was used to block IL-6 function. The results of these studies indicate that CMV-associated violation of the integrity of the epithelium of the

colon may be associated to some extent induced CMV-IL-6. In addition. with TNF-α transcripts are expressed in the intestinal mucosa from untreated AIDS patients with CMV colitis and may be associated with macrophage-like cells containing cytomegalovirus inclusions [49]. It is important to note that elevated levels of these proinflammatory cytokines have been associated with CMV IE gene expression, and these cytokines increase the par acellular permeability of epithelial and endothelial cells [26, 50-59]. Interestingly, despite the induction of proinflammatory cytokines early after infection, CMV inhibits TNF- $\alpha$  and IL-1 $\beta$ signaling pathways at a later date, demonstrating unique adaptive capabilities that allow the virus to be stored in the host [60].

In general, these published observations suggest that CMV-induced disruption of intestinal epithelial compounds may be mediated by these proinflammatory cytokine pathways. lt is noteworthy that HIV infection does not cause IL-6 expression in vitro [61], although increased plasma IL-6 levels are associated with a risk of HIV disease progression [1, 62-66]. The exact cause of elevated plasma IL-6 in chronic HIV disease remains unclear, but it may be the result of a combination of several factors, one of which may be the constant replication of CMV in different areas of infected individuals. It is equally interesting to consider the role of CMV-induced IL-6 in increased epithelial proliferation in the treatment of ART and in untreated individuals with intestinal epithelial barrier dysfunction [3]. As previously reported, disruption of polarized endothelial cell junctions by CMV causes proliferation of other endothelial cells [25], indicating a balance between lysis of infected endothelial cells and replacement of uninfected ones [67]. It has also been reported that the CM28 chemo toxin receptor encoded by CMV mediates cell proliferation through activation of the IL-6-STAT3 signaling axis [68] and that CMV secretion promotes angiogenesis and lymph angiogenesis through activation of IL-6 production [69, 70]. Based on these published data, we hypothesize that CMV infection of the intestinal epithelium may cause IL-6 production, resulting in increased cell proliferation to replace infected intestinal cells. These findings suggest that CMV does not lyse all cells of polarized intestinal cells. The infected cells can be replaced by non-polar proliferating cells, creating small foci of CMV infection with compromised narrow joints that can locally facilitate bacterial translocation, leading to persistent inflammation [4]. AIDS-associated gastrointestinal disease CMV generally responds well to ganciclovir and foscarnet [71, 72-75]. However, the effect of CMV on intestinal epithelial connections in the presence of currently approved or new drugs has never been studied before, which creates new prospects for studying this problem as a basis for developing new treatments for HIV/CMV coinfection.

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