



GAS-CHROMATOGRAPHIC DETERMINATION OF VOLATILE COMPOUNDS FROM THE FLOWERING SHOOTS OF SOME VITEX L. REPRESENTATIVES

Shanaida, Mariia^{1*}; Holenko, Alina¹; Korablova, Olha²

¹Department of Pharmacognosy and Medical Botany, I. Horbachevsky Ternopil National Medical University, 1 Voli str., 46001 Ternopil, Ukraine

²M.M. Gryshko National Botanical Garden, National Academy of Sciences of Ukraine, 1 Timiriazivska str., 01014 Kyiv, Ukraine

*shanayda@tdmu.edu.ua

Abstract

Essential oils isolated from medicinal plants are the rich source for developing new herbal medicinal products. The genus *Vitex* L. (*Lamiaceae* Martinov family) contains more than 200 species of essential-oil bearing plants. The gas-chromatographic determination of volatiles from the flowering shoots of three *Vitex* representatives (*V. agnus-castus*, *V. negundo* L. and *V. negundo* var. *cannabifolia* (Siebold & Zucc.) Hand.-Mazz.) was conducted using chromatograph Agilent Technologies 6890 with mass spectrometric detector 5973. The predominant components of *V. agnus-castus* essential oil were eucalyptol (17.36%), sabinene (7.74%), β -farnesene (7.17%), α -terpineole (6.94%), bicyclogermacrene (5.04%) and α -pinene (4.75%). β -Caryophyllene (38.84%), germacrene D (7.25%), β -bisabolene (5.25%) and α -caryophyllene (3.20%) were the major compounds of *V. negundo* essential oil. β -Caryophyllene (36.33%), caryophyllene oxide (5.19%) and α -caryophyllene (3.07%) dominated in the *V. negundo* var. *cannabifolia*. Due to the analysis of literature data regarding the properties of predominant components of the studied essential oils, it was supposed that t

hey are promising sources of new medicines with antimicrobial, antifungal, anti-inflammatory, analgesic, antioxidant, insecticidal, and immunomodulating properties.

Keywords: genus *Vitex*, chaste-tree, flowering shoots, essential oil, gas chromatography mass spectrometry

Introduction

Essential oils isolated from medicinal plants are the rich sources for developing new herbal medicinal products which could be alternatives to synthetic drugs for treating many ailments such as infectious diseases, chronic inflammation, cancer, anxious, etc. [1–4]. As resistance to antibiotics is a serious problem to human health worldwide, essential oils of plants are regarded as promising antimicrobial agents [4–6].

The genus *Vitex* L. (*Lamiaceae* Martinov family) contains more than 200 species of essential-oil bearing plants which are spread mainly in the Mediterranean region and Asia [7, 8]. They belong to the subfamily *Premnoideae* Bo Li, Olmstead & P.D.Cantino of the *Lamiaceae* family [9]. *Vitex* is one of several genera that were transferred from *Verbenaceae* J.St.-Hil. to *Lamiaceae* in the 1990s [9].

The species of this genus are deciduous shrubs with opposite palmate-compound leaves. They accumulate the diverse active constituents and have valuable medicinal properties. The fruits of *V. agnus-castus* L. are used in the officinal medicine for treating disorders of female reproductive systems such as menstrual irregularities, menopausal symptoms, cyclic breast pain, etc. [8, 10]. Common name 'chaste tree' traditionally referring to *V. agnus-castus* but is also applied to other species as well.

Besides fruits, scientists investigated the leaves, flowers, shoots of the *Vitex* species growing in the different regions of the world [11–14]. We supposed that phytochemical evaluation of essential oils from the flowering shoots of three *Vitex* representatives (*V. agnus-castus*, *V. negundo* L. and *V. negundo* var. *cannabifolia* (Siebold & Zucc.) Hand.-Mazz.) is a quite perspective.

Methods

Plant material and sample preparation

The plant materials were harvested from the shrubs growing on the experimental plots of M.M. Gryshko National Botanical Garden (Ukraine). The essential oils were obtained from the dried flowering shoots by the hydrodistillation.

Chromatographic analysis

Gas chromatograph Agilent Technologies 6890 equipped with mass spectrometric detector 5973 was used for the study of volatile compounds. The chromatographic column was DB-5 capillary (0.25

mm x 30 m). The injection was carried out in the splitless mode (rate 1.2 mL/min during 0.2 min). The flow rate of helium was 1.2 mL/min. The temperature of thermostat was programmed up to 320°C (with a speed of 4 °C/min).

The mass spectra libraries (NIST05 and WILEY 2007) used for the identification of components. The method of internal standard was applied for the quantitative analysis of the contents of volatile compounds.

Results and Discussion

The chemical compositions of the essential oils from the flowering shoots of three *Vitex* representatives were determined by GC-MS (Tables 1, Figures 1-6). The components which content exceeded 0.3% (at minimum in one species) are shown in Table 1.

The predominant components of *V. agnus-castus* essential oil were eucalyptol (17.36%), sabinene (7.74%), β -farnesene (7.17%), α -terpineole (6.94%), bicyclogermacrene (5.04%) and α -pinene (4.75%) (Figures 1, 2). β -Caryophyllene (38.84%), germacrene D (7.25%), β -bisabolene (5.25%) and α -caryophyllene (3.20%) were the major compounds of *V. negundo* essential oil (Figures 3, 4). β -Caryophyllene (36.33%), caryophyllene oxide (5.19%) and α -caryophyllene (humulene) (3.07%) dominated in the *V. negundo* var. *cannabifolia* (Figures 5, 6). Regarding the specific marker components of each essential oil, ledol and epi- α -cadinol were revealed only in *V. agnus-castus*, and β -bisabolene only in *V. negundo*. Nerolidole, α -selinene and β -selinene were the chemical markers of *V. negundo* var. *cannabifolia*.

Ulukanli et al. [15] found that essential oil of East-Mediterranean *V. agnus-castus* was also rich in 1,8-cineole (24.38%) and sabinene (22.77%), similarly to the studied *V. agnus-castus* which was cultivated in Ukraine. The main compounds in the essential oil of Serbian *V. agnus-castus* fruits were also 1,8-cineole (16.3%) and sabinene (13.4%) [12]. The quantitative significant components of the essential oil obtained from the Turkish *V. agnus-castus* fruits were 1,8-cineole (24.98%), sabinene (13.45%), and α -pinene (10.60%) [13]. The main volatiles from the Italian *V. agnus-castus* leaves, flowers and fruits obtained using supercritical extraction with CO₂ were α -pinene, sabinene, 1,8-cineole, α -terpinyl acetate, (E)-

caryophyllene, (E)-beta-farnesene, and bicyclogermacrene [16]. Riham et al. [17] found that oxygenated monoterpenes (44.98%) were the major class of the volatiles presented in the Egyptian *V. agnus-castus* essential oil. Yushchyshena et al. [14] found that sesquiterpenoids dominated in the essential oils obtained from the stems, leaves and flowers of *V. agnus-castus* and *V. cannabinifolia* harvested in Ukrain.

As it is known, essential oils of plants are very complex mixtures of volatiles with broad-spectrum pharmacological properties [4, 18–20]. It should be mentioned that predominant compounds found in the investigated *Vitex* species possess the proven therapeutic properties. Thus, oxygenated monoterpene 1,8-cineole (also known as eucalyptol), the predominant component of studied *V. agnus-castus* essential oil, showed the noticeable pharmacological potential including antibacterial, anti-inflammatory and antioxidant effect, and used mainly for the treatment of respiratory diseases [21]. Fidy et al. [22] reported that bicyclic sesquiterpene β -caryophyllene possesses the antimicrobial, anticancer and analgesic properties. Molecular docking study found that caryophyllene found in the *V. agnus-castus* essential oil has a powerful anticandidal property [17]. It was found that β -caryophyllene is a ligand of the cannabinoid receptor 2 which activates the decrease of pain, a main signal for inflammatory responses. β -Caryophyllene enhanced the wound healing through multiple pathways [23, 24]. Woo et al. [25] found the inhibitory effect of β -caryophyllene on *Helicobacter pylori* growth. β -Caryophyllene can also potentiate the anticancer activity of some drugs [26]. Humulene, also known as α -humulene or α -caryophyllene, is a naturally occurring monocyclic sesquiterpene with anti-inflammatory effects [27].

The major constituents of the essential oil obtained from the Brazilian *V. agnus-castus* leaves which displayed the activity against some oral bacterial pathogens (*Streptococcus mutans*, *Lactobacillus casei* and *Streptococcus mitis*), were 1,8-cineole (23.8%), (E)- β -farnesene (14.6%), (E)-caryophyllene (12.5%), and sabinene (11.4%) [28]. Essential oil extracted from the fruits of *V. agnus-castus* contained 1,8-cineole (19.61%), sabinene (14.57%), and α -pinene (9.76%) as the major components [29]. This essential oil showed the

antioxidant and the anti-*Candida* actions [29]. Researchers suppose that antimicrobial properties of essential oils are due to the synergistic effects of their different components [4, 30, 31]. Pereira et al. [31] revealed that essential oil from the *V. gardneriana* leaves possessed the synergistic effects with the antibiotics (ampicillin, gentamicin, and ofloxacin) against *Escherichia coli* and *Staphylococcus aureus* bacterial resistance.

The essential oil of Brazilian *V. agnus-castus* leaves containing 1,8-cineole (17.6%) and β -(E)-farnesene (13.6%) as the major components possessed the significant acaricidal effect against *Tetranychus urticae* [32]. The essential oil of Greek *V. agnus-castus* demonstrated the moderate nematocidal activity [33]. The larvicidal effect against *Aedes aegypti* and cytotoxic activity against some carcinoma cell demonstrated the essential oils obtained from the fresh leaves of *V. agnus-castus* [11]. It contained 1,8-cineole (47.9%), terpinyl α -acetate (11.6%), and sabinene (11.2%) as the major compounds [11]. The antioxidant, antimicrobial and larvicidal activities against *Aedes aegypti* were found for the nanoemulsion from *V. negundo* essential oil [34].

Essential oil from the Turkish *V. agnus-castus* leaves was evaluated as promising candidate in the development of new medicines for the treatment of multi-drug resistant lung cancer [20]. Scientists are intensively searching for the plants' insecticides and herbicides which can control of agricultural pests because the considerable amount of grain is lost because of insects. The essential oil of Brazilian *V. agnus-castus* containing 1,8-cineol (23.8%) as a major component demonstrated the significant fumigant potential [35].

Schepetkin et al. [36] revealed that essential oil isolated from the *Hypericum perforatum* leaves contained germacrene D (25.7%) and β -caryophyllene (9.5%) as predominant compounds, similarly to the studied *V. negundo* essential oil. Schepetkin et al. [36] found the significant immunotherapeutic properties of the *Hypericum perforatum* essential oils.

Regarding the properties of the other predominant components of the studied *Vitex* species, bicyclic monoterpene sabinene is used mainly as flavoring and perfume additive [37]. Acyclic sesquiterpene farnesene is the natural pharmaceutical agent, fragrance and solvent [38]. Other terpenoids

from the plant raw materials of the *Lamiaceae* representatives are also very perspective for further study [39]. Beside it, using the cultivated medicinal plants which are grown under the controlled conditions is a very promising direction of pharmacogostical investigations [40].

Thus, the studied raw materials and essential oils from the *Vitex* species could be regarded as promising sources of new medicines with antibacterial, antifungal, analgesic, anti-inflammatory, antioxidant, insecticidal, and immunomodulating properties.

References

- Agatonovic-Kustrin, S., Kustrin, E., Gegechkori, V., & Morton, D.W. (2020). Anxiolytic terpenoids and aromatherapy for anxiety and depression. *Adv Exp Med Biol*, 1260, 283–296.
- Barchuk, O., Pryshlyak, A., & Shanaida, M. (2021). Chemical compositions and sedative activities of the *Dracocephalum maldavica* L. and *Ocimum americanum* L. essential oils. *PharmacologyOnLine*, 2, 179–187.
- Lizarraga-Valderrama, L. R. (2021). Effects of essential oils on central nervous system: Focus on mental health. *Phytotherapy research*, 5(2), 657–679.
- Sharifi-Rad, J., Sureda, A., Tenore, G. C., et al. (2017). Biological activities of essential oils: from plant chemoeology to traditional healing systems. *Molecules*, 22, 70.
- Newman, D. J., & Cragg, G. M. (2020). Natural products as sources of new drugs over the nearly four decades from 01/1981 to 09/2019. *J. Nat. Prod.*, 83, 770–803.
- Shanaida, M., Hudz, N., Bialon, M., et al. (2021). Chromatographic profiles and antimicrobial activity of essential oils obtained from some species and cultivars of the *Menthaeae* tribe (*Lamiaceae*). *Saudi Journal of Biological Sciences*, 28(11), 6145–6152.
- The Plant List (2021). Режим доступа: <http://www.theplantlist.org>
- WHO Monographs on selected medicinal plants (2005). Vol. 4. Fructus Agni Casti, 9–29.
- Zhao, F., Chen, Y. P., Salmaki, Y., et al. (2021). An updated tribal classification of *Lamiaceae* based on plastome phylogenomics. *BMC Biol.*, 19, 2.
- Ono, M., Eguchi, K., Konoshita, M., et al. (2011). A new diterpenoid glucoside and two new diterpenoids from the fruit of *Vitex agnus-castus*. *Chem Pharm Bull*, 59(3), 392–396.
- Ricarte, L. P., Bezerra, G. P., Romero, N. R., et al. (2020). Chemical composition and biological activities of the essential oils from *Vitex-agnus castus*, *Ocimum campechianum* and *Ocimum carnosum*. *Anais da Academia Brasileira de Ciencias*, 92(1), e20180569.
- Stojković, D., Soković, M., Glamočlija, et al. (2011). Chemical composition and antimicrobial activity of *Vitex agnus-castus* L. fruits and leaves essential oils. *Food Chemistry*, 128(4), 1017-1022.
- Sarikurku, C., Arisoy, K., Tepe, B., et al. (2009). Studies on the antioxidant activity of essential oil and different solvent extracts of *Vitex agnus-castus* L. fruits from Turkey. *Food and chemical toxicology*, 47(10), 2479–2483.
- Yushchysheva, O. V., Tsurkan, O. O., Korablyova, O. A., & Kovalska, N. P. (2013). Investigation of essential oil from leaves, stems and inflorescences of *Vitex agnus castus* L. and *Vitex cannabifolia* Sieb. *Pharmaceutical review*, 4, 38–42.
- Ulukanli, Z., Çenet, M., Öztürk, B., et al. (2015). Chemical characterization, phytotoxic, antimicrobial and insecticidal activities of *Vitex agnus-castus*' essential oil from East Mediterranean region. *Journal of Essential Oil-Bearing Plants*, 18 (6), 1500–1507.
- Marongiu, B., Piras, A., Porcedda, S., et al. (2010). Extraction, separation and isolation of volatiles from *Vitex agnus-castus* L. (*Verbenaceae*) wild species of Sardinia, Italy, by supercritical CO₂. *Natural product research*, 24(6), 569–579.
- Riham O. Bakr, Soumaya S. Zaghloul, Rasha A. Hassan, et al. (2020). Antimicrobial activity of *Vitex agnus-castus* essential oil and molecular docking study of its major constituents. *Journal of Essential Oil Bearing Plants*, 23(1).
- Ilhan, S. (2021). Essential Oils from *Vitex agnus-castus* L. leaves induces caspase-dependent apoptosis of human multidrug-resistant lung carcinoma cells through intrinsic and extrinsic pathways. *Nutrition and cancer*, 73(4), 694–702.
- Shanaida, M., Hudz, N., Korzeniowska, K., & Wiczorek, P. (2018). Antioxidant activity of essential oils obtained from aerial part of some

- Lamiaceae* species. *International Journal of Green Pharmacy*, 12(3), 200–204.
20. Shanayda, M. I. & Pokryshko, O. V. (2015). Antimicrobial activity of essential oils of plants belonging to *Lamiaceae* Juss. family. *Ann. Mechnikov Inst.*, 4, 66–69.
21. Cai, Z. M., Peng, J. Q., Chen, Y., et al. (2020). 1,8-Cineole: a review of source, biological activities, and application. *Journal of Asian natural products research*, 1–17.
22. Fidy, K., Fiedorowicz, A., Strzdała, L., & Szumny, A. (2016). β -Caryophyllene and β -caryophyllene oxide – natural compounds of anticancer and analgesic properties. *Cancer medicine*, 5(10), 3007–3017.
23. Koyama, S., Purk, A., Kaur, M., et al. (2019). Beta-caryophyllene enhances wound healing through multiple routes. *PloS one*, 14(12).
24. Scandiffio, R., Geddo, F., Cottone, E., et al. (2020). Protective effects of (*E*)- β -Caryophyllene (BCP) in Chronic Inflammation. *Nutrients*, 12(11), 3273.
25. Woo, H. J., Yang, J. Y., Lee, M. H., et al. (2020). Inhibitory effects of β -Caryophyllene on *Helicobacter pylori* infection *in vitro* and *in vivo*. *International journal of molecular sciences*, 21(3), 1008.
26. Legault, J., & Pichette, A. (2007). Potentiating effect of beta-caryophyllene on anticancer activity of alpha-humulene, isocaryophyllene and paclitaxel. *The Journal of pharmacy and pharmacology*, 59(12), 1643–1647.
27. Fernandes, E. S., Passos, G. F., Medeiros R., et al. (2007). Anti-inflammatory effects of compounds alpha-humulene and (-)-trans-caryophyllene isolated from the essential oil of *Cordia verbenacea*. *European Journal of Pharmacology*, 569 (3), 228–236.
28. Gonçalves, R., Ayres, V., Carvalho, et al. (2017). Chemical composition and antibacterial activity of the essential oil of *Vitex agnus-castus* L. (*Lamiaceae*). *Anais da Academia Brasileira de Ciencias*, 89(4), 2825–2832.
29. Asdadi, A., Hamdouch, A., Oukacha, A., et al. (2015). Study on chemical analysis, antioxidant and *in vitro* antifungal activities of essential oil from wild *Vitex agnus-castus* L. seeds growing in area of Argan Tree of Morocco against clinical strains of *Candida* responsible for nosocomial infections. *Journal de mycologie medicale*, 25(4), 118–127.
30. Prakash, A., & Vadivel, V. (2020). Citral and linalool nanoemulsions: impact of synergism and ripening inhibitors on the stability and antibacterial activity against *Listeria monocytogenes*. *J. Food Sci. Technol.*, 57(4), 1495–1504.
31. Pereira, R., Freitas, T. S., Freitas, P. R., et al. (2020). Seasonality effects on antibacterial and antibiotic potentiating activity against multidrug-resistant strains of *Escherichia coli* and *Staphylococcus aureus* and ATR-FTIR spectra of essential oils from *Vitex gardneriana* Leaves. *Current microbiology*, 77(12), 3969–3977.
32. Neves, R. C., & Camara, C. A. (2016). Chemical composition and acaricidal activity of the essential oils from *Vitex agnus-castus* L. (*Verbenaceae*) and selected monoterpenes. *Anais da Academia Brasileira de Ciencias*, 88(3), 1221–1233.
33. Ntalli, N. G., Ferrari, F., Giannakou, I., & Menkissoglu-Spirodi, U. (2010). Phytochemistry and nematocidal activity of the essential oils from 8 Greek *Lamiaceae* aromatic plants and 13 terpene components. *Journal of agricultural and food chemistry*, 58(13), 7856–7863.
34. Balasubramani, S., Rajendhiran, T., Moola, A. K., & Diana, R. (2017). Development of nanoemulsion from *Vitex negundo* L. essential oil and their efficacy of antioxidant, antimicrobial and larvicidal activities (*Aedes aegypti* L.). *Environmental science and pollution research international*, 24(17), 15125–15133.
35. Ayres, V., Oliveira, M. R., Baldin, E., et al. (2021). Chemical composition and insecticidal activity of the essential oils of *Piper marginatum*, *Piper callosum* and *Vitex agnus-castus*. *Anais da Academia Brasileira de Ciencias*, 93(3).
36. Schepetkin, I. A., Özek, G., Özek, T., Kirpotina, L. N., Khlebnikov, A. I., & Quinn, M. T. (2020). Chemical composition and immunomodulatory activity of *Hypericum perforatum* essential oils. *Biomolecules*, 10(6), 916.
37. Cao, Y., Zhang, H., Liu, H., et al. (2018). Biosynthesis and production of sabinene: current state and perspectives. *Applied microbiology and biotechnology*, 102(4), 1535–1544.

38. George, K. W., Alonso-Gutierrez, J., Keasling, J. D., & Lee, T. S. (2015). Isoprenoid drugs, biofuels, and chemicals - artemisinin, farnesene, and beyond. *Advances in biochemical engineering/biotechnology*, 148, 355–389.
39. Shanaida, M., Pryshlyak, A., & Golembiovska O. (2018). Determination of triterpenoids in some *Lamiaceae* species. *Research Journal of Pharmacy and Technology*, 7, 3113–3118.
40. Mykhailenko, O., Desenko, V., Ivanauskas, L., & Georgiyants, V. (2020). Standard operating procedure of Ukrainian saffron cultivation according with Good Agricultural and Collection Practices to assure quality and traceability. *Industrial Crops and Products*, 151, 112376–87.

Table 1. The chemical compositions of main volatile compounds from the flowering shoots of the *Vitex* representatives determined by GC-MS, %

RT, min	Compound	<i>Vitex agnus-castus</i>	<i>Vitex negundo</i>	<i>Vitex negundo</i> var. <i>cannabifolia</i>
4.66	α -Pinene	4.75	0.20	0.16
6.08	Sabinene	7.74	2.12	2.91
6.36	Myrcene	2.34	0.17	0.21
7.62	Limonene	3.67	0.48	0.40
7.92	β -Phellandrene	3.53	0.92	0.92
8.52	1,8-Cineole (Eucalyptol)	17.36	0.91	0.65
9.53	<i>trans</i> -Sabinene hydrate	0.92	1.26	0.89
10.6	Linalool	2.53	1.20	3.09
13.92	Terpinene-4-ol	1.85	2.84	1.42
16.75	δ -elemene	-	0.83	1.67
14.86	α -Terpineole	6.94	0.40	1.42
18.92	β -Elemene	-	-	2.48
19.27	α -Terpinil acetate	3.32	0.88	0.33
20.15	β -Caryophyllene	3.12	38.84	36.33
20.6	β -Farnesene	7.17	0.30	-
20.9	α -Caryophyllene (Humulene)	-	3.20	3.07
21.04	Aromadendrene	1.88	-	0.25
21.56	Germacrene D	0.36	7.25	2.95
21.68	β -selinene	-	-	1.07
21.8	α -selinene	-	-	1.29
21.77	β -Bisabolene	-	5.25	-
22.14	Bicyclogermacrene	5.04	2.20	1.54
24.41	Caryophyllene oxide	-	3.83	5.19
24.5	Ledol	2.00	-	-
24.67	Nerolidol	-	-	1.36
25.23	<i>epi</i> - α -Cadinol	1.31	-	-
25.40	Caryophylla-4(12),8(13)-diene-5- β -ol	-	1.74	2.22

Note: "-" – compound was not detected.

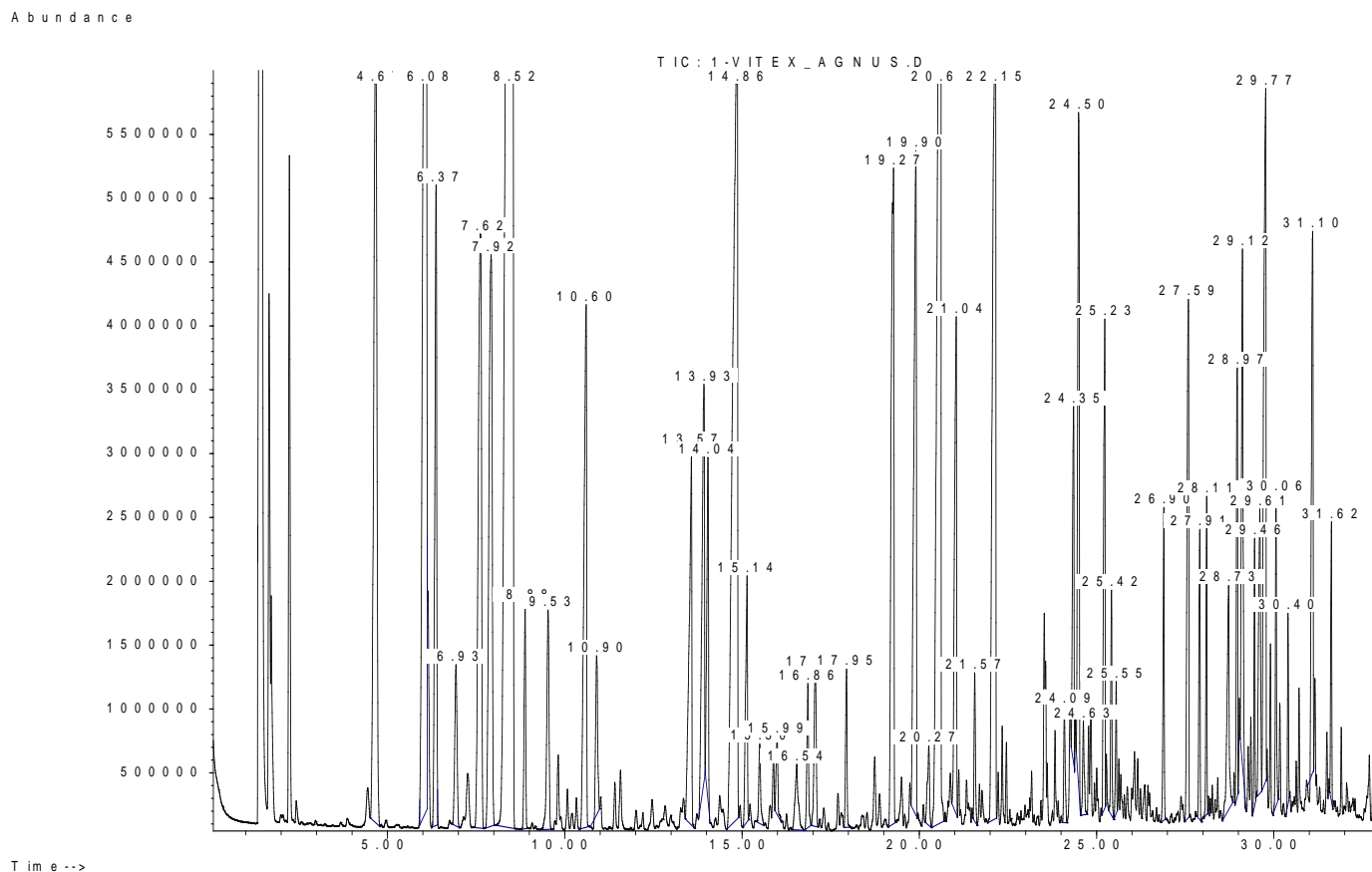


Figure 1. Typical GC-MS chromatogram of the volatiles from the *Vitex agnus-castus* flowering shoots

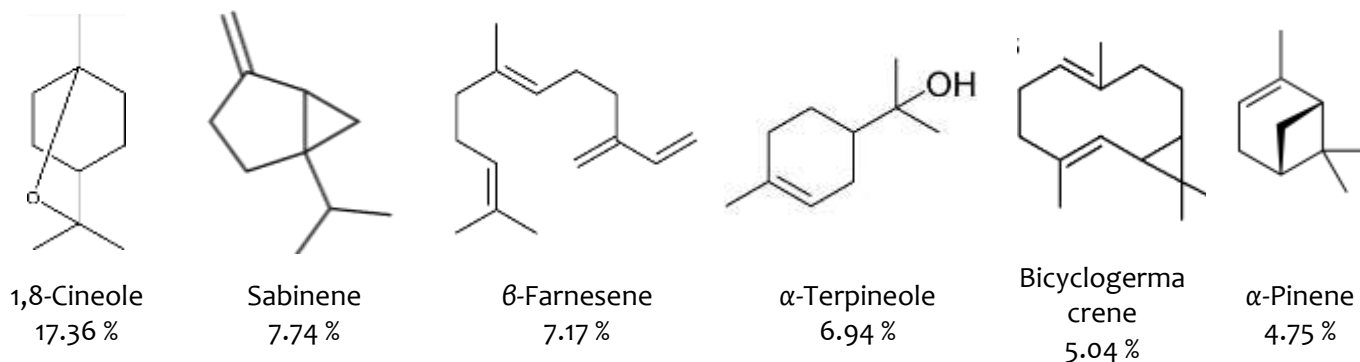


Figure 2. Structural formulas and contents of the main volatile terpenoids from the flowering shoots of *Vitex agnus-castus*

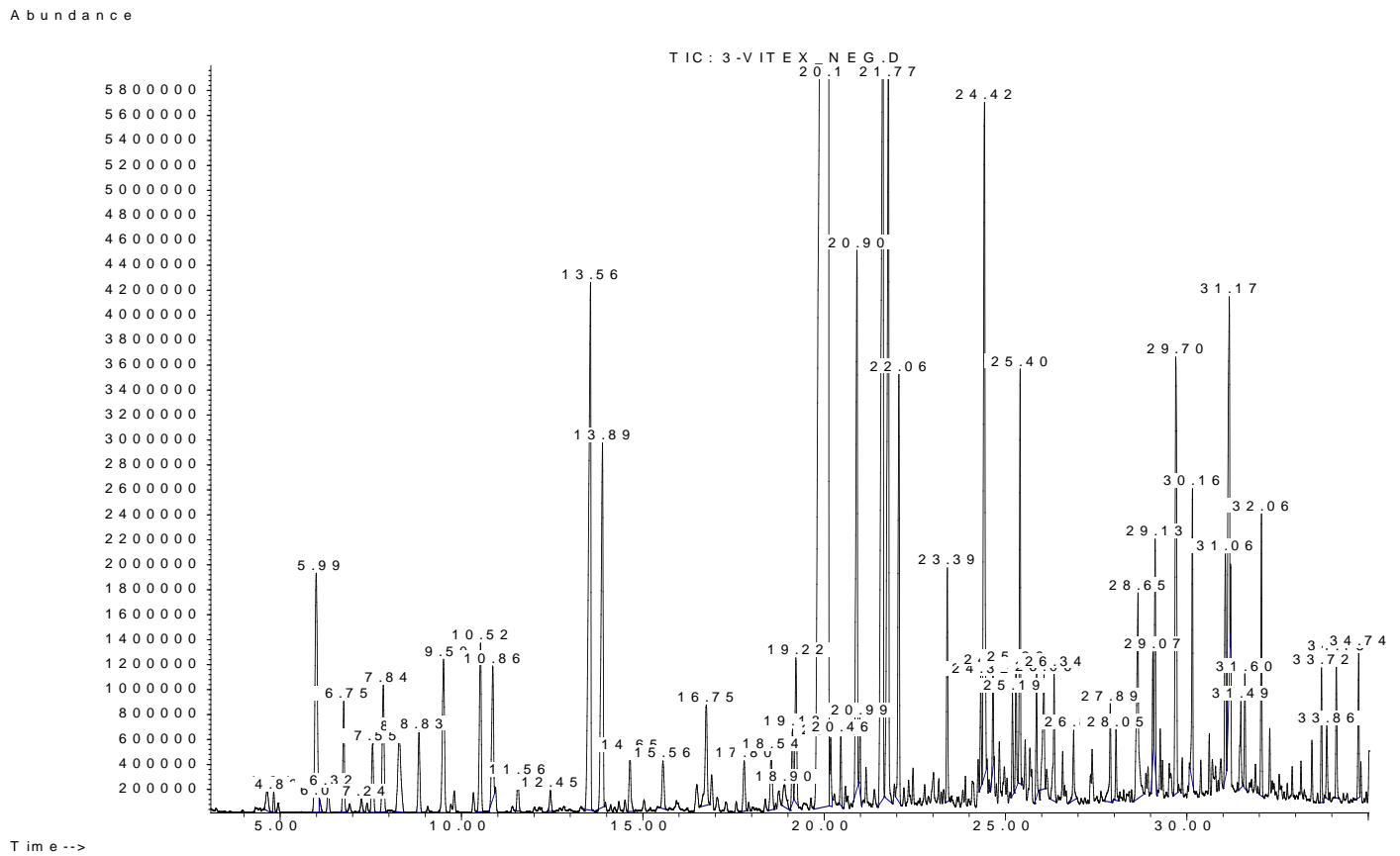


Figure 3. Typical GC-MS chromatogram of the volatiles from the *Vitex negundo* flowering shoots

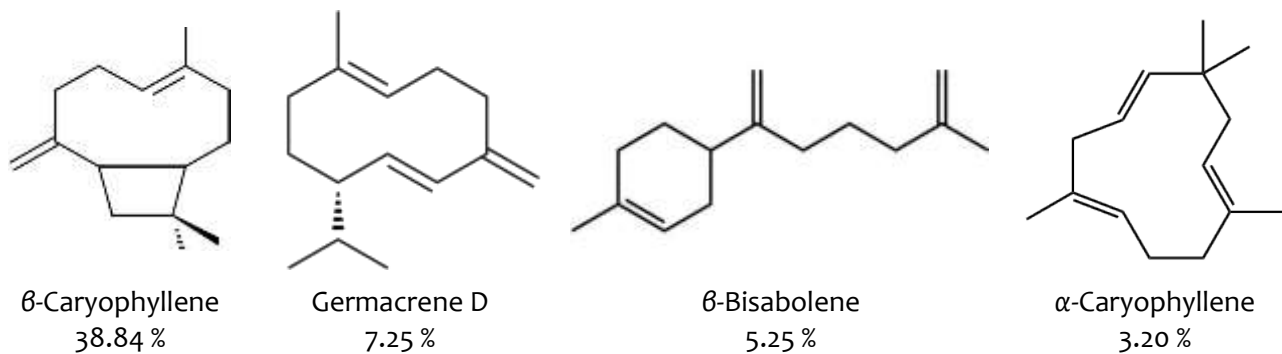


Figure 4. Structural formulas and contents of the main volatile terpenoids from the flowering shoots of *Vitex negundo*

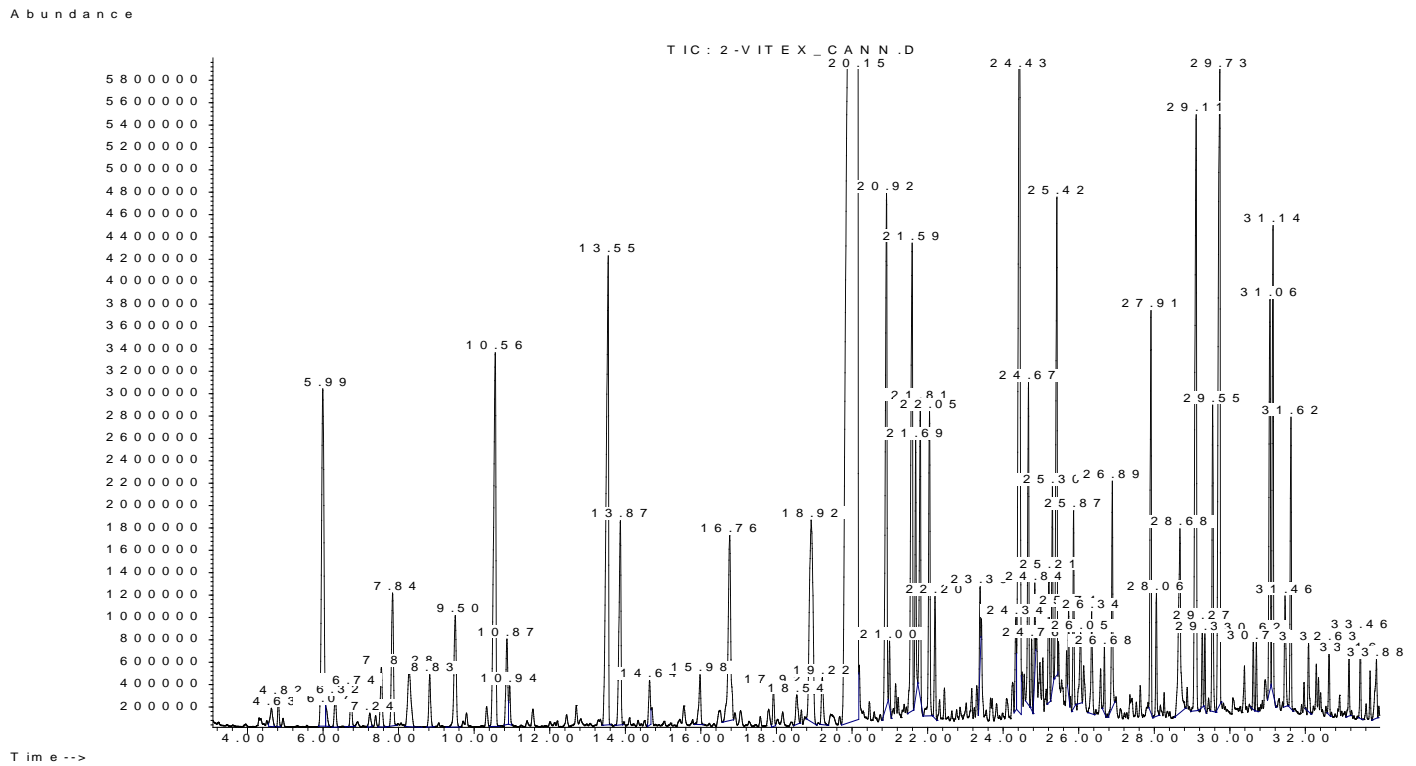


Figure 5. Typical GC-MS chromatogram of the volatiles from the *Vitex negundo var. cannabifolia* flowering shoots

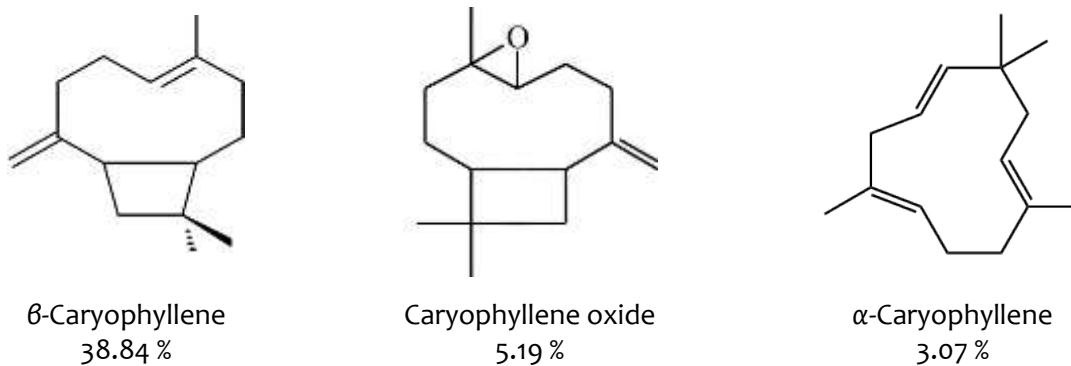


Figure 6. Structural formulas and contents of the main volatile terpenoids from the flowering shoots of *Vitex negundo var. cannabifolia*